

READING FOOD GROWING NETWORK

What to sow in May

This month is very busy with planting out, but there are still plenty of things to sow.



Outside

- Maincrop potatoes
- Beans and peas
- Lettuce, rocket, chard and spinach
- Leeks and salad onions
- Winter brassicas (broccoli, cabbage, calabrese, cauliflower, kale, kohlrabi)
- Parsnips, beetroot, carrots, turnips, swede and radish
- Herbs: parsley, chives, coriander, fennel, dill, rosemary, thyme, sage

Under cover

- Runner, climbing and dwarf French beans
- Rhubarb

Most of the outside crops can also be started off under cover

With warmth

- Cucumbers and cucamelon
- Courgettes and squash
- Sweetcorn
- Basil