

READING FOOD GROWING NETWORK

What to sow in March

As the weather warms up, more crops can be started off outside (weather permitting!)



Outside

- Broad beans and peas
- Lettuce, rocket, chard and spinach
- Garlic, shallots, leeks, onions and salad onions
- Early brassicas (brussels sprouts, cabbage, calabrese, cauliflower, kale, kohlrabi, sprouting broccoli)
- Parsnips
- Beetroot, carrots and turnips (check varieties)
- Radish
- First early potatoes (late March)

Under cover

- Celery
- Celeriac
- Herbs: parsley, coriander, basil, fennel and dill
- Rhubarb

Most of the outside crops can also be started off under cover

With warmth

- Aubergines, peppers and chilli
- Tomatoes (by mid-March for under-cover cropping)
- Melons (end of March)