

READING FOOD GROWING NETWORK

What to sow in February

There's no need to start too early, later sowings will soon catch up.



Outside

- Broad beans and early peas
- Garlic and shallot sets

Under cover

- Broad beans
- Early brassicas (brussels sprouts, cabbage, calabrese, kohlrabi, cauliflower)
- Herbs: parsley, coriander and dill
- Leeks
- Lettuce
- Onions and salad onions
- Parsnips
- Peas (including for shoots)
- Radish
- Spinach

With warmth

- Aubergines
- Peppers and chilli