

READING FOOD GROWING NETWORK

What to sow in April

The busy season for sowing, and the last chance to sow globe artichokes, tomatoes, onions and Brussels sprouts



Outside

- Broad beans and peas
- Lettuce, rocket, chard and spinach
- Leeks, onions, shallots and salad onions
- Early and autumn brassicas (broccoli, Brussels sprouts, cabbage, calabrese, cauliflower, kale, kohlrabi)
- Parsnips, beetroot, carrots, turnips and radish
- Parsley
- All potatoes

Under cover

- Runner, climbing and dwarf French beans
- Herbs: parsley, chives, coriander, basil, fennel and dill
- Tomatoes
- Rhubarb

Most of the outside crops can also be started off under cover

With warmth

- Cucumbers and cucamelon (from mid-month)
- Courgettes and squash (from mid-month)
- Sweetcorn (from mid-month)